



28th International Invitational 2020
28th -31st May

COMPETITION HANDBOOK

Prime Gymnastics International Invitational 2020

Levels and disciplines

Men's Artistic Gymnastics - MAG

Competition Levels	Age Group	Year of birth	Criteria
National Level 1	Age groups will be arranged into 2 levels after we received all entries		Singapore Gymnastics National Levels Programme released October 2018
National Level 2			
National Level 3			
National Level 4	Open age group		
P3- FIG Age Group	Open age group		
P4- FIG Age Group	Open age group		
Junior FIG	14 to 17 & below	Born in 2003 to 2006	FIG Jnr Code of Points
Senior FIG	18 & Over	Born in 2002 or before	FIG Snr Code of Points

Women's Artistic Gymnastics - WAG

Competition Levels	Age Group	Year of birth	Criteria
Novice Level 3 (NOL) training ≤8hrs	Age Groups will be arranged into 2-3 groups, after we have received all entries. Team Award will be calculated by level not by age groups		Singapore Gymnastics National Levels Programme Ver: 2.5 Released February 2019
Novice Level 4 (NOL) training ≤8hrs			
Novice Level 5 (NOL) training ≤8hrs			
National Level 3			
National Level 4			
National Level 5	Open age group		
National Level 6	Open age group	Compulsory skills/ Optional routines	
National Level 7	Open age group		
National Level 8	Open age group		
National Level 9	Open age group		
National Level 10	Open age group		
Junior FIG	13 to 15	Born in 2005 - 2007	FIG Jnr Code of Points
Senior FIG	16 & Over	Born in 2004 or before	FIG Snr Code of Points

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Provisional Schedule

A detailed schedule will be released by the 3rd week of March. All overseas teams are advised to arrive by **Thursday 28th May by 10am** and return no earlier than **Sunday 31st May at 10pm**. We reserve the right to change podium/competition timings after the official closing date for entries.

Thursday 28 May				
	WAG		MAG	
	Afternoon			
Podium	Level 6-10 & FIG	All	P4/FIG	All
Friday 29 May				
	WAG		MAG	
Session 1	Early Afternoon			
	Level 3			
	Level 6	Open age		
Session 2	Late Afternoon			
	Level 3		Level 2	
	Level 6	Open age		

Awards IAA/IAF & Team Awards WAG Level 3 & 6 and MAG Level 2

Saturday 30 May				
	WAG	Age group	MAG	Age group
Session 3	Early Morning			
	Level 4	Open age	P3	Open age
	Novice 5			
Awards IAA/IAF for WAG/MAG incl. Team Awards for WAG Level 4 & MAG P3				
Session 4	Late Morning			
	Level 5	Open age	L3	Open age
	Novice 5			
Awards IAA/IAF for WAG/MAG incl. Team Awards for WAG Level 5 / Novice 5 & MAG Level 3				
Session 5	Afternoon			
	Level 7	Open age		
	Level 8	Open age		
Awards IAA/IAF for WAG & Team Awards for WAG Level 7 & 8				
Session 6	Late Afternoon			
	Level 9/10	Open age		
	FIG	Jnr/Snr FIG	FIG	Junior/Senior
Awards IAA/IAF/Team WAG level 9/10 & WAG/MAG FIG				

Sunday 31 May				
	WAG	Age group	MAG	Age group
Session 7	Early Morning			
	Novice 3		Level 1	
	Novice 4			
Awards IAA/IAF for WAG/MAG & Team MAG Level 1				
Session 8	Late morning			
	Novice 3		P4	Open age
	Novice 4			
Awards IAA/IAF for WAG/MAG & Team MAG P4				
Session 9	Afternoon			
	Novice 3		Level 4	Open age
	Novice 4			

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Competition Venue: Bishan Sports Stadium
5 Bishan Street 14
Singapore 579783

Entry closing dates and payment information

Entry Fee

Individual: \$120 SGD per gymnast
Early Bird for Individual : \$100 SGD per gymnast
Team: \$80 SGD per team. In addition to individual entry

Official Entry deadline: **13th March 2020**

Gymnast profile and T-shirt size: **13th March 2020**

Judges form: **13th March 2020**

Early Bird payment deadline: **28th February 2020**

Official Payment deadline: **13th March 2020**

How to make payment:

We will send you an invoice when you have submitted your entries and teams. No payments by Credit Cards or PayPal.

Please provide the following reference for all payments:

COMP20 – followed by your club's name

Please email us at admin@primegym.com if you have any queries regarding payment options.

You will be able to make payments by: Details will be sent to you with your invoice

- Telegraphic Transfer (TT)
- Cheque or bankers draft
- Internet Banking

Late Entries, Changes, Withdrawal and Refund

Late submissions received after 13th March 2020 will incur a fee of an additional 50%, bringing the fee payable to \$180 SGD (Individual) and \$120 SGD (Team). We also reserve the right to reject gymnasts and teams who submit late.

All withdrawals by 13th April 2020, supported by a medical certificate, will be entitled to a refund of 50% of the fee paid.

There will be a \$30 SGD administrative charge for each name change, for each level/division/group changes after 28th February 2020 to 13th April. No changes allowed after 13th of April 2020. Please check your entry form before submission.

Please inform us on any withdrawals before the competition.

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Competition Rules

1. To ensure fairness, the Head Judge will have the right to move any gymnast found competing in the wrong division. Gymnasts can move up a level but will not be permitted to compete at a lower level than they have competed in previously. If a gymnast has been placed for 1st-3rd AA in our last Invitational 2019, the gymnast **MUST** move up to the next level except for WAG Levels 9 & 10 and MAG/WAG FIG. No award will be given to gymnasts caught flouting this rule.
2. There will be no event Finals for all levels for both MAG/WAG.
3. When a club has entered a minimum of 3 gymnasts per level, they are required to form a team for that level.
4. Each gymnast will be issued with a score card to be handed up at the judges' tables when they line up before each apparatus. The coach may collect the team's score card for the next apparatus. Please note that the score card may not always be accurate as adjustments may be made after when judges notice any mistakes in calculations, the score on the BTS is the final score.
5. Two (2) coaches per team will be permitted on the competition floor, accreditation passes must be worn at all times. Persons not showing accreditation passes will be asked to leave the competition floor or the Hospitality Room. Coaches must wear club attire on the competition floor.
6. All gymnasts must complete an indemnity form. Prime Gymnastics Club takes no responsibility for any accident or injury incurred during (or as a result of) the event. You may email a scan copy in advance or hand it up on Thursday 28th May at the briefing.
7. We will liaise with all clubs through **a single point of contact**. Please ensure that the single point of contact personnel updates the rest of the team.
8. We will have 2 orientation meetings for Coaches, Judges and officials. **The 1st is on Thursday 28th May, 7pm and the 2nd is on Friday 29th May, 11am.** You are required to attend one of the 2 sessions. We will be handing out the welcome pack with accreditations/Certs/t-shirts.

WAG

1. Floor music must be presented (in **USB** format) to the competition organisers during the Orientation meeting on Thursday 28th or Friday 29th November. Please have the gymnast name/level/club clearly stated in the USB.
2. Floor music for compulsory levels 3-5 will be provided by Prime.
3. Floor music is a requirement for WAG Level 6 and above.
4. Minimum number of 3 entries per level from a minimum of 2 clubs is required to open the level.
5. We adhere to all Singapore judging rules (No bonus for levels 3-10).
6. We will allow 10cm mats on floor and additional 10cm mat for Vault/Bar/Beam dismounts if required with no deductions for MAG/WAG.
7. WAG Level 6-10 gymnasts are to perform 2 Same/Different vaults, higher score to count.

MAG

MAG Junior FIG and MAG Senior FIG may be combined if the minimum number of 5 entries per level is not received.

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Judging

When a club enters at least 3 gymnasts, they are required to provide one judge. Each judge must be able to commit to **minimum of 3 sessions**, or they can provide **2 judges for 2 sessions each**.

Please complete the judging form to fulfill this requirement and indicate certification. There will be a judging session conducted by Singapore Gymnastics team before the briefing on Thursday for certified overseas judges.

Clubs who are unable to provide a judge will be required to pay a penalty of **\$250 SGD**. We appreciate your understanding to this rule. We aim for this to be a friendly competition for all our competitors, coaches, officials and parents. Judges hold a key role in ensuring this is possible.

Judges will have a pre-competition briefing, 15 minutes prior to the start of each session

Teams

The highest three (3) scores on apparatus will count towards the Team's total score.

Minimum number of gymnasts per team:	3
Maximum number of gymnasts per level:	10

Teams must be made up of gymnasts from the same level.

Clubs may enter up to 10 gymnasts at each level regardless of age categories. Min 3 teams to have a Team Award.

Please use the excel spreadsheet to complete your entries. All age categories will be calculated for you. We hope this will ease any confusion of age categories and the number of gymnasts per team.

General Warm-Up

Gymnasts are not permitted on any apparatus other than the designated warm up floor area during general warm up.

Gymnasts found on the equipment will be asked to leave the arena and not permitted to compete.

Apparatus Warm -Up

Specific apparatus warm-up information will be provided at the orientation meeting.

Competition Rotations

Gymnasts must remain at the designated apparatus waiting area. Teams must move to the next apparatus in line when directed by a competition official.

March In

The gymnasts will be assembled at the assembly area as directed by the Marshall prior to march in. Clubs/schools are to ensure that the gymnasts are at the assembly area 10 minutes prior to march in. Clubs are encouraged to bring their club banner to be displayed at the arena

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Awards

TEAM AWARDS:	1 st to 3 rd Place
INDIVIDUAL APPARATUS AWARDS:	1 st to 6 th Place
INDIVIDUAL APPARATUS AWARDS:	1 st to 3 rd Place for WAG L6/MAG P4 and above
INDIVIDUAL ALL AROUND AWARDS:	1 st to 6 th Place
CLUB CHAMPIONSHIP TROPHY:	1 st / 2 nd / 3 rd place Trophy (host club not eligible)

We are using the FIG rules to break ties.

All gymnasts will receive a participation medal.

Club Championship

Entry to the Club Championships is free of charge and automatic for those clubs that have 5 gymnasts competing in different levels or age groups. Scores from the same level but different age groups will be allowed and included. The top 5 all around scores will be added together to make the Club's Team Championship score. MAG AA scores will be on the weightage of 4/6 to match WAG AA scores of 4/4. This award will be presented on the last award ceremony on Sunday.

Presentation

Presentations will take place following the competition session. Please ensure that your gymnasts are present at least 5 minutes prior to presentation.

Hospitality

Refreshments and lunch will be available for judges, coaches and officials in our Hospitality area. We pride ourselves in looking after our guest. Please complete the 'Delegation form' to ensure we have sufficient food.

Only persons wearing official Prime International Invitational Accreditation passes will be allowed to enter this area. Food is to be consumed in the hospitality room only. Only Prime Staff or Prime Volunteers are allowed to bring food out in an official capacity.

Food, Merchandise and nearby amenities

Leotards, T-shirts and various other gymnastics goodies will be available to purchase at the event.

Junction 8 shopping mall is approximately 8minutes walk from the competition venue providing a wide selection of fast food and sit-down meals for Asian & Western tastes. www.junction8.com.sg

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Goodie bag

All competitors will receive a Goodie bag containing a T-shirt and fantastic items from our Sponsors. Available T-Shirt sizes are: 28, 30, 32, 2XS, XS, S, M, L, XL, 2XL or 3XL. Please indicate T-shirt size on the official entry form. We will do our best to supply a suitable fitting T-shirt however do not guarantee sizes will be as requested.

Please see the attachment on the measurement of the t-shirt. Please ensure you fill the columns in the entry excel sheet for participating gymnasts and the sizing on the 'Delegation form'.

Photography

Official photographers will be on the competition floor taking photos of the gymnasts. Photos will be available to order at https://thedancephoto.com/2020_prime/

Spectators

There will be no entry fee for spectators at the competition. Entry is free.

There will be opportunities to show your support at the event itself through the stalls, competition memorabilia and keepsakes.

We would like to request that all rubbish is disposed in the many dustbins & black bags at the arena.

Forms Needed

Deadlines

- | | | |
|---|---|--|
| 1. Expression of Interest | – | 28th January 2020 (to confirm schedule) |
| 2. Judging Nomination Form | - | 13th March 2020 (to ensure we have sufficient judges) |
| 3. Competitor Registration form
(use excel spreadsheet to minimize mistakes) | - | 13th March 2020 (to confirm age groupings & schedule) (use excel spreadsheet to minimize mistakes) |
| 4. Delegation form | - | 13th March 2020 (to arrange Officials passes & food) |
| 5. Early Bird Payment deadline: | - | 28th February 2020 (payment to confirm entries) |
| 6. Official Payment deadline | - | 13th March 2020 (payment to confirm entries) |
| 7. Parental Consent form | - | 28th May 2020 |
- (to be handed or emailed to the manager prior to the competition or at orientation, failing which the gymnast is **unable** to compete)