

**WAG NATIONAL PROGRAMME 2019**

**Addendum**

1. Spotting Deductions:

- Level 1 to 5 -0.5
- Level 6 to 10, Pre Junior and Sub Junior -1.0
- No DV awarded
- All spotting deductions to be taking from neutral deductions (from Final Score)

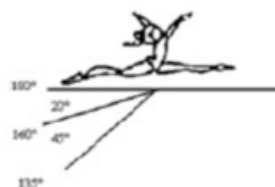
2. Unpermitted presence of spotter

- All levels -0.5
- Deductions will be taken from Final Score

3. There have been some discrepancies in the amplitude requirements in the manual and the judging sections. Correct requirements as follows:

*Split & Dance Amplitude Requirements*

- For missing degrees of leg separation in Leaps, Jumps, Hops, Turns
  - This includes stride jumps / leaps in Level 3 to 5
  - Not Applicable to Level 1 & 2



Level 3-4	Level 5	Level 6 & Above
Min 135° (stride jump / leap)	Min 165° (stride jump / leap)	Min 180° (split jump / leap)
< 135° - 90° - 0.1 (E-panel) < 90° - No DV (D-panel)	< 165° - 135° -0.1 (E-panel) < 135° - 90° -0.3 (E-panel) < 135° - No DV (D-panel)	Missing: > 0° - 20° -0.1 (E-panel) > 20° - 45° -0.3 (E-panel) > 45° - Credit another element or No DV (D-panel)

- Leg kick requirements



- Applies to all forward, Backward and side kicks

Level 1 & 2	Level 3 - 5	Level 6 & Above
> Waist Height	> Shoulder Height	> Head Height
At waist -0.1 < Waist -0.3	At Shoulder -0.1 < Shoulder -0.3	At Head -0.1 < Head -0.3

4. Level 1 & 2 routine banding: large error for each missing element -0.5
5. Level 1 & 2 routine banding: One large error (0.5) = 2 Medium errors (0.3)
6. Level 1 to 7: Apparatus/mat modifications each time -0.5
7. Maximum landing deductions for level 1 to 5 (cannot exceed fall) -0.5
8. Artistry deductions are only applicable to Levels 8 to 10, Pre-Junior, and FIG International
9. Forward roll and back backward roll in Level 1 to 3 – no deductions if skill(s) are executed with bent arms during the roll
10. Handstand forward roll (Level 3 FX) and backward roll to front support (Level 4 FX) – bent arms deductions will apply accordingly
  
11. Vault
  - Level 2: Handstand kick up to flatback – if gymnast does not make it over the first try (comes back down on the same side) – take a fall deduction (each time) -0.5
  
12. Uneven bars
  - Swings for level 3 - 7
    - Angle of completion deductions refer to Front swings ONLY
    - Back swings: minimum toes at low bar height – toes below low bar - 0.3
  
13. Balance Beam
  - Level 5: Time limit to be increased to 90 seconds
  - Specific apparatus deductions
    - Break in connection (**Acro series**)
      - Level 3 to 7 -0.3
      - Sub Junior & Pre Junior -0.5
    - Element Not held for 2 secs when specified **-0.1**
      - For Handstands in Level 6, this deduction only applies if the gymnast has NOT incurred the deduction “Failure to reach handstanding within 10° -0.3”
  - Level 7: Additional acro cannot be from acro series and/or dismount. \*Except if gymnast does front tuck dismount, then additional acro can be cartwheel
  
14. Floor Exercise
  - pg 248-249 > add under Level 8-10 the following:
    - The dismount is the last counting acro line (credit highest DV)
    - No DMT (-0.5 neutral deduction) will be credited if only 1 acro line is performed, count 1 less element.
    - The Maximum number of acro lines is 4
      - Any difficulty in additional acro line(s) will not be counted for DV

- Specific apparatus deductions
  - Break in connection (**Acro series**)
    - Level 3 to 7 -0.3
    - Sub Junior & Pre Junior -0.5
- Table of Artistry faults
  - Composition
    - **Lack of Single leg full pirouette -0.3**
- Level 9 CR #2
  - ~~2nd Acro line with Additional C element or more~~
- Level 10 CR #2
  - ~~2nd Acro line with Additional~~ minimum LA 540° OR BA double element
- Notes for CRs
  - Acro lines - minimum 2 **directly connected** acro flight elements, ~~1, without hand support and take off from 2 feet,~~ **one of which must be a salto.**
    - **Failure to land on the feet first from the salto will still be considered an acro line.**
  - One acroline may fulfill more than 1 CR, **however the same element may not be used to fulfill CR#1 and CR#2**
    - Example 1 for level 9 & 10
 

Acro line 1: Round off> Back Handspring> double twist  
Acro line 2: Front Handspring > front layout full

      - Acro line 1 may full fill CR #2
      - Acro line 2 may fulfill CR #1 & #3
    - Example 2 for level 9 & 10
 

Acro line 1: Round off>540°> punch front full  
Acro line 2: Round off> Back Handspring> Back layout

      - Acro line 1: 540° twist fulfills CR#2; punch front full fulfills CR #1 & #3

Last updated April 2019

## Appendix A

### Queries from March 2019 National Championships

Scenario	Replies from the judging committee
<b>Level 1 &amp; 2: all events</b>	
The general consensus was that it was difficult to differentiate the good and average gymnasts. The judges felt that more specific skill deductions should be included in the judging manual.	No changes will be made at this time for the judging of Level 1 & 2.  Reviews will be made to level 1 & 2 after SG open
A limit to the number of 0.1 deductions should be set for a gymnast to obtain the Gold certification. It is not fair for a relatively good gymnast who has very few 0.1 deductions compared to a not so good gymnast who has a lot of 0.1 deductions to be given a Gold certification as well	The purpose and objective of the certification criteria is to encourage participation for young gymnasts. As gymnasts are banded into just 3 categories, there will be always be better and lousier gymnasts within each group.
Not holding for 2 secs – specific deduction for elements not held for 2 secs should be included for lower levels as well.	Not necessary.
<b>VAULT</b>	
Lvl 1 & 2: Double jump (jump before vault and and on board), jump on board and land on mat but fall back to board, last step on springboard to jump on board, run-up the board to landing on mat (no jump)—> award bronze banding?	Yes to award Bronze banding
Lvl 1 & 2: Hands on mat (instead of board) for handstand flat-back—> award bronze banding?	Yes to award Bronze banding
LVL 4: Front tuck landing on back (not making the entire rotation) or not landing feet first —> award 6.00?	As stated in judging manual – to award ZERO “0” vault as the gymnast failed land feet first (see Section 7> Performance of invalid vaults)
<b>UNEVEN BARS</b>	
Lvl 1 & 2: Failure to hold skills for required length of time—> 0.1 deduction	No such deduction. We want to be encouraging to young gymnasts
Lvl 5: Cast with legs apart to horizontal - To be taken as deduction for legs apart?	Yes 0.1, 0.3
Lvl 5: Back swing for taller girls on bars - To identify criteria clearly for judges	Please see above in the updates for requirements in swings

Smaller girls - bar height lower? Falls on dismount for shorter girls (safety issue)	Coaches may put in a request to the organizing committee for only the High bar to be lowered when registering the gymnast for the competition (Not on the day of competition)
As long as hips leave the bar in cast, we award the DV but take deductions - is this too lax?	To award DV, angle deductions apply
<b>BALANCE BEAM</b>	
Lvl 5: Sissone also 165° amplitude?	Yes 165° amplitude refers to ALL split elements
Lvl 6: Handstand not within 10° from vertical - 0.3	Yes
Lvl 6: Handstand not held for 2 secs = -0.1	Yes
Lvl 6: Handstand not within 10° from vertical AND not held for 2 secs = 0.4 total.	Please see updates in the addendum above.  If the gymnast has NOT performed the handstand within 10° from vertical -0.3, DO NOT take "Handstand not held for 2 secs" deduction.
Value awarded for the skills, not the connection. For e.g. cartwheel (1.0), straight jump (1.0). Break in connection = -0.3?	Yes. Please see the updates in the addendum for clarification on break in connections which is an E panel deduction, not from the DV <ul style="list-style-type: none"> <li>• Level 3-7 -0.3</li> <li>• Sub Junior and Pre Junior -0.5</li> </ul>
<b>FLOOR EXERCISE</b>	
Judges to request gymnasts to perform routines in a manner whereby performance is unobstructed.	This should be common sense, not necessary to put into manual. Perhaps the organizing committee may specify and brief the teams during their team manager briefings.
Some coaches were confused with the use of "3 strip of mats" versus the "1 strip of mat". They did not understand that if they choose to utilize the 3 strips of mat, they can incur "stepping out of border" deductions	Any steps outside the chosen boundary, be it 1 strip, 3 strips or full floor will incur line deductions.
For the use of "1 strip of mat", should state that the gymnast must perform the routine horizontally across the judges and not vertically. One of the coaches was not happy when told to make the gymnast perform horizontally.	This should also be common sense and not necessary to put into manual. Organizing committee should decide this and let the teams know beforehand.
Specific deductions for no rebound in Round-off	Please take height deductions 0.1 or 0.3
Specific deductions should be made for lack of flexibility, especially in elements like bridge, walkovers (also applicable to Beam).	We will review after SG open
Lvl 4: No DV for Front walkover	There is no such element at this level, only a back walkover.  If a front walkover is performed in place of the back walkover then No DV will be awarded for this element, but execution deductions will still apply.  If the gymnast was attempting the front handspring rebound but did a front walkover instead, NO DV will be awarded and execution deductions will still apply.

Lvl 5: Dance: head cartwheel and bwd roll is done with bent legs, not passing through vertical and is generally not nice to look at.	Deductions for bent knees, body alignment etc should be taken
Lvl 7 : Under turning in the split jump ½ turn	It will be considered as a split jump, No DV will be awarded for this element.
Lvl 8: Clarity in the wording of CR#1 Stretched B salto	Running punch front layout does not fulfill CR1 because it is not an acro line  As stated under "Notes for CRs"- all Acro CRs must be performed in an acro line
Lvl 8: Round off, back handspring not considered acro line?	No it is not an acro line.  As stated under "Notes for CRs"- acro line is a minimum 2 acro flight elements, 1 must be salto.

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